

## How to Backup your Website & Blog (database in your CATCH8 internet hosting account)

If you are changing content on your WEBSITE pages or Blog posts frequently, it is recommended you backup your DATABASE frequently. Content on your Blog Website pages is stored in a database with your internet hosting provider. Should a hosting system fail, or you inadvertently delete content, we can restore the content with a current backup, however you will lose changes you have made since the last backup that we have.

The backup routine is easy for you to learn and can save you from paying for tech support. We charge \$25 to perform this backup service, so you can easily learn to do this process yourself.

**PLEASE NOTE: Be VERY CAREFUL when performing this backup routine. If you inadvertently delete your database, your entire website will go down. Rebuilding your site can cost \$300 for technical support time.**



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SCROLL DOWN THE PAGE TO : PRODUCTS: WEB HOSTING, To find your Hosting Account, then click on LAUNCH

